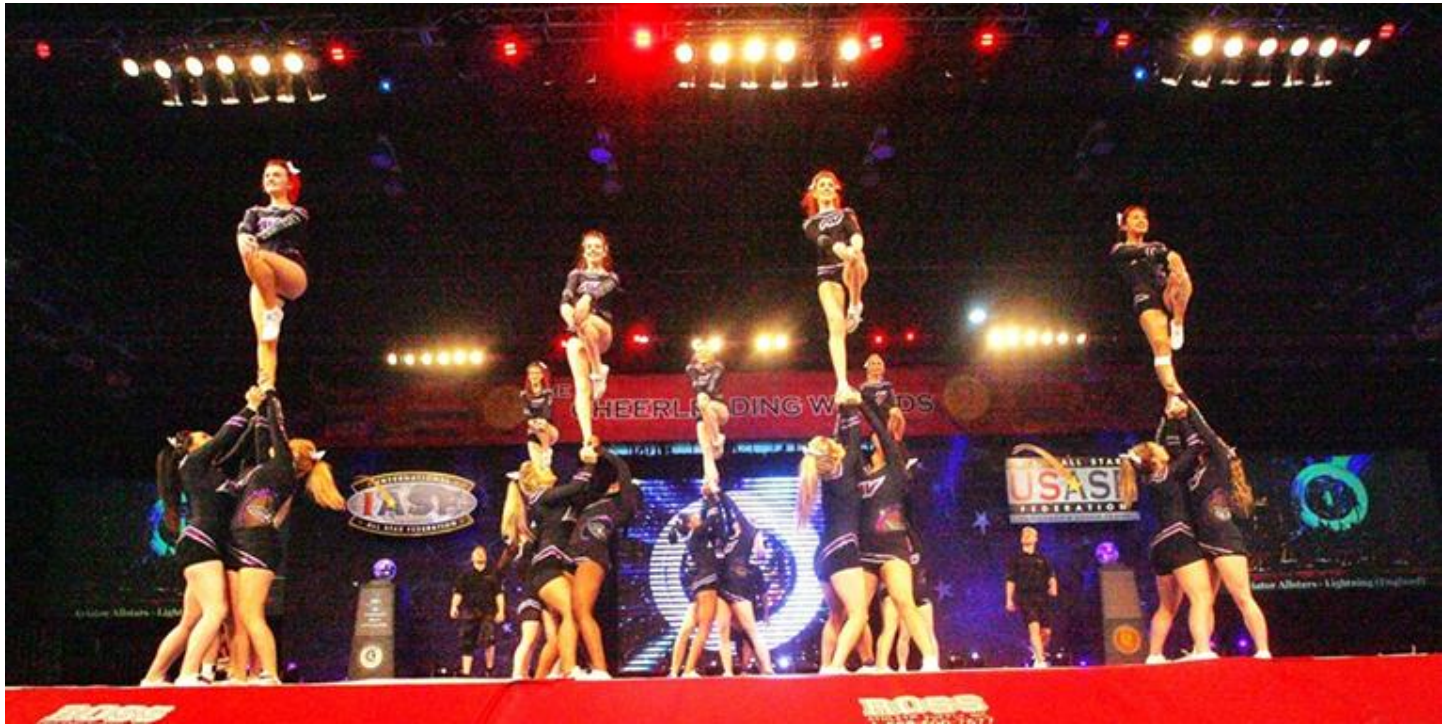


Aviator Allstars Elite Program Try-Out Pack 2014-2015



Welcome Prospective Aviator Athlete,

Thank you for your interest in joining the Aviator Allstars for the 2014-2015 season. We are one of the largest and most exciting Allstar Cheerleading Programs in the UK and we have a lot of amazing opportunities available this season.

This try-out pack is for our elite and international teams. These teams will train on weekends and compete at both UK and international competitions in Germany, Slovenia, and the World championships, Jamfest Super-Nationals and the Majors in America. The teams range from levels 2 through to levels 5 and 6.

This packet includes information regarding the try out and the exciting new season ahead. Please review this information thoroughly and if you have any questions please get in touch.

As we head into our seventh year with the Aviator Allstars Cheerleading Program, we are all very excited about the opportunities and potential this season has to offer and we hope that you will share this journey with us.

Good Luck and we look forward to seeing you at try-outs!

Rachel Pearson, Tim Peffers and the Aviator Flight Crew

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The Teams:

Aviator Aces – International Co-ed 5

Our International Co-ed Level 5 Elite team have had another amazing season, hitting difficult routines throughout the year. They will be competing at the International All Star Federation (IASF) Cheerleading Worlds in Florida in April 2015. The team will consist of Elite athletes from both the AV Program and around the country.

F-35 Lightning – International All Girl Level 6

Our International Open All-Girl Level 6 Elite team has enjoyed great success over the last five seasons, with regular top three finishes at European championships and three appearances at Worlds including 6th and 4th place finishes. The Ladies of F-35 lightning will focus on European competition this season by competing at the European Open and the ICU European championships.

F-4 Phantoms – Level TBC

The F-4 Phantoms are our newest team. Last year was their inaugural year and competed at Cheersport in Atlanta at level 4.2. This year the team will be going to Indianapolis for the Majors and be competing at Jamfest Super-nationals, one of the biggest competitions in the world and training with GymTyme, Ultimate Athletics or Ice Lady Lightning (TBC). The teams' level will be set based on the skills of the team. Phantoms is a great opportunity for athletes from levels 2 through to 5 and 6.

Eligibility:

Aviator Aces: Athletes must be 13 by the end of this year (31st of December 2014)

F35 Lightning: Athletes must be 13 by the end of this year (31st of December 2014)

Aviator International: Athletes must be 12 by the end of this year (31st of December 2014)

Try-out information

[AV Elite team Try-Outs:](#)

Date: Sunday 27th July 2014

Time: 10:00am - 5:00pm

Location: Lower Westfield House, Broad Lane, Bramley, Leeds, LS13 3HA.

Cost: £10 per athlete (free if attending the Elite skills camp on Saturday 26th of July).

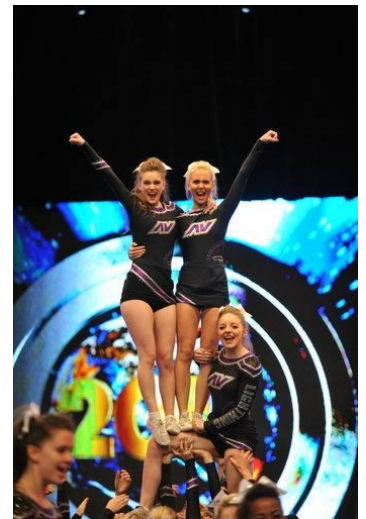
More information and updates can be found on our [website](#).

All athletes will be assessed on stunting, jumps, tumbling and dance. We will be looking for potential and how well you progress and learn throughout the camps and the try-out.

Try-out Preparation:

To prepare you for try outs, we suggest that you attend our Open Gym with Speciality Classes and the “Elite Skills Camp” – focusing on level 5 & 6 skills to work with our experienced instructors. This is a fantastic opportunity if you do not already have the skill set or if you do not have easy access to practice space.

Sunday 13th of July 10-4pm: [Aviators Open Gym with speciality classes](#). This day will feature dance teaching, jumps tuition, and a flyer stretching and conditioning class where the try-out sequences will be taught.



Saturday 26th of July 10-4pm: [Elite Skills camp](#): This is a camp which will be teaching skills from level 3 through 5 and 6. This will focus on the stunting skills required for try-outs but there will be an opportunity to learn dance and jump sequences at this camp.

Friday 11th and 25th of July 5-9pm: tumbling classes and open gym at the Aviators Gym.

More information, including videos of the jumps and dance, and details about our camps is available on our Facebook page: <https://www.facebook.com/AviatorAllstars> and YouTube channel: <http://www.youtube.com/user/AviatorAllstars> and booking your place is easy, just email info@aviatorallstars.com.

Forms to bring:

Please bring your

- Completed release form: http://aviatorallstars.com/AV_Release_Form_2014_2015.pdf
- Completed try-out registration form: http://aviatorallstars.com/AV_Tryout_Registration_Form_2014_15.pdf
- £10 try-out fee (*free if attending the Elite skills camp on Saturday 26th of July).
- A copy of your passport.

IMPORTANT: Please be sure to double-check all of your information. Contact details need to be legible and up-to-date.

What to wear:

Try-out appearance should be "*competition ready*". Please do not wear team logos and you all piercings and jewellery must be removed.

- Females: Hair up in a ponytail, with bow of your choice. Wear a plain black sports bra/t-shirt/vest and plain black shorts.
- Males: Appearance should be smart. Wear plain black t-shirt/vest and plain black shorts.
- All: clean white trainers and white socks.



Skills requirements

The sequences required will be taught at the [Aviators Open Gym with speciality classes](#) on Sunday 13th July 2014 and at the [Elite Skills camp](#) on the 26th July 2014. We do strongly advise that you learn the [choreography](#) and jump sequence before the day of try-outs. The videos are available on our YouTube channel <http://www.youtube.com/user/AviatorAllstars>

We are looking for cheerleaders who are prepared to work at all disciplines of cheerleading (including dance, motions, jumps, tumbling, and stunting), but are also looking for people who excel at certain skills such as tumbling and stunting.

What to bring:

Please bring all try-out documents (see above) to registration on the day of try-outs. There are few local shops to go out for food during the day so bring a packed lunch and plenty of water. The building gets very warm when the sun is out so please bring a towel/sweat bands if required. Make sure you bring any ankle/wrist supports/strapping or heat/freezer gel, etc. that you will need as we cannot provide these.

Please note that whilst athletes can indicate which team they would like to try out for, we will place athletes onto the team that we believe to be most appropriate for them and the dynamic of that team.

All athletes will be notified of their try-out results via email and/or phone on or before **Thursday the 31st of July**.

Video try-outs:

We would prefer all athletes to attend live try-outs. If you absolutely cannot make try-outs then you may submit a video try-out. You must submit your video by email along with your try-out documents. We will then forward you our account details to transfer the try-out fee (£10). Please note, you will not be considered for the team until this has been received.

Video try-outs must include the following:

- At the beginning of your video, introduce yourself
- The jump sequence (with any tumblers)
- The dance (performed at a normal cheer-mix speed).

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- Stunting skills: please include a variety to showcase your variety of skills.
- Any partner stunt skills for co-ed applications
- Any level 2-5 running tumblers (we do not need to see round offs of cartwheels)
- Any level 2-5 standing tumblers (we do not need to see forward rolls)

Tips for Video try-outs:

- Deadline is 4pm on Sunday 27th July.
- Make sure that it is clear which person is trying out on the video (e.g. identify who in the stunt group/routine you are!)
- Try to include a variety of skills and show off your versatility. Your chances of making a team will improve if you can show you can base as well as back/side/middle/fly.
- Try to include your best skills, e.g. if you show you can do a round off, back-handspring, layout, you do not need to include a round off back-handspring video as well.
- Please try to include skills relevant to the teams you are trying out for: e.g. co-ed & level 5 skills for Aces and all-girl level 6 skills for lightning.



Try-out videos can be submitted the following ways:

- Emailed to the info@aviatorallstars.com email account
- Posted privately on YouTube and a link sent to info@aviatorallstars.com
- Uploaded to a secret Facebook group and the Aviator Directors (Rachel Pearson and Tim Peffers) added to it.

Please contact info@aviatorallstars.com if you would like any more information or guidance.

Team training dates:

PLEASE NOTE: Training dates may be subject to change. When necessary, extra training sessions may be added or practice times may be extended. Every effort will be made to give advanced notice of changes in training times.

Please note athletes will be able to crossover from Aces to Lightning and Phantoms despite a small overlap in training times.

F-4 phantoms training dates: Phantoms will train 10-5pm on weekends

Day	Month	Event	Team
11	October	Training	Team bonding events in evening
12	October	Training	
8	November	Dance Choreography	Times TBC
15	November	Routine Choreography	Team bonding events in evening
16	November	Routine Choreography	
22	November	Training	
29	November	Training	
6	December	AV Showcase	Christmas social in evening
13	December	Training	
14	December	Training	
3	January	Training	
4	January	Training	
10	January	Training	
11	January	Training	
14-21	January	Competition	Jamfest Super-nationals

Aces training dates: Aces will train weekly on Sundays 4:30-8:30pm with the exceptions of the dates below.

Day	Month	Event	Notes
14	September	No training	Optional camp in Holland
21	September	Extended training	Full day of training
5	October	Extended training	Routine Choreography
2	November	Dance Choreography	Extended Training
9	November	Choreography camp	Extended Training
6	December	AV Showcase	Christmas social in evening
21	December	No training	
28	December	No training	
21	March	Competition	Legacy Birmingham
12	April	Competition	FC Loughborough
19-30	April	Competition	IASF Worlds Orlando
31	May	Competition	BCA Newcastle
31	May	Competition	BCA Newcastle
21	June	Competition	Jamfest Europe

F-35 Lightning training dates: Lightning will train every two weeks on Saturdays 10-5pm

Day	Month	Event	Notes
16	August	Training	Team bonding events in evening
17	August	Training	
6	September	Training	Team bonding events in evening
7	September	Training	
28	September	Training	
18	October	Routine Choreography	
19	October	Routine Choreography	
2	November	Dance Choreography	Times TBC
9	November	Training	
23	November	Training	
6	December	AV Showcase	Christmas social in evening
25	January	Training	
8	February	Training	
22	February	Training	
8	March	Competition	Jamfest Northern TBC
15	March	Training	
29	March	Training	
12	April	Training	
3	May	Training	
17	May	Training	
24	May	Training	
30	May	Competition	BCA Northeast
5-8	June	Competition	Elite Germany TBC
12-16	June	Competition	ECU Slovenia TBC
21	June	Competition	Jamfest Europe

IMPORTANT

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A place will be offered on the understanding that you will be able to make all training sessions and competitions (these dates have been provided well in advance). If you are offered a place on a team, you must be prepared to commit for the ENTIRE SEASON. Failure to do so will result in your withdrawal from the team for the rest of the season and jeopardise any future possibilities within the Aviator Family.

Team Costs

We cannot give a detailed breakdown of costs as we are waiting on a number of pieces of information regarding competitions. We will issue a full breakdown of costs when we have all the information in. The prices below are a guide to the costs of the season:

Aces: £1,500. This includes all training, choreography, music, training kit, 7 competitions/events, and flights, accommodation, transport, insurance, food, entertainment and entry fees for Worlds in Orlando.

Lightning: £600. This includes all training, choreography, music, training kit, 5 competitions and events and travel, accommodation, transport entertainment and entry fees to The Elite European open in Germany. Costs for ICU Slovenia have not included as we are awaiting more details on the competition and for the organisers to confirm our entry.

F-4 Phantoms: £1,300. This includes all training, choreography, music, training kit, events and flights, accommodation, transport, insurance, food, entertainment and entry fees for Jamfest Super-nationals in Indianapolis. Please note we are still awaiting information on prices for Majors tickets.

The only costs not included for this season are travel and accommodation at domestic comps, uniforms and some food whilst on international trips. Some domestic competitions are 2 day events and may require an overnight stay. More information will be made available to the team closer to the time.

Uniforms can be bought new, second hand, or rented. There will be a limited amount of second hand uniforms available.

Try-out FAQs

When will I find out if I have made a team?

All athletes will be notified of their try-out results via email on or before **THURSDAY 31ST JULY 2014**. If you don't received anything by email, phone, or Facebook by Friday 1st of August, please contact us at info@aviatorallstars.com.

What will try-outs involve?

Try-outs will involve athletes perform a simple, short routine showcasing all their cheerleading skills. The routine will be taught at the [Aviators Open Gym](#) on Sunday 13th July 2014, at the [Elite Skills camp](#) on the 26th July 2014 and the morning of try-outs. Athletes will be given time to practice their skills and routine before performing. After this there will be an open gym type session where athletes will be able to showcase individual skills.

Do I have to leave my current team if I make the squad?

No. Athletes are able to continue training on local teams during the week but will need to fully commit to Aviator Allstars both time wise and financially for the entire season.

Can my attendance at the Elite Camp count as my try-out?

Coaches will be at the elite camp and will be assessing athletes during the day. However, if you attend the camp but cannot attend the try-out you must still put in a video try-out. We would encourage you to film all the skills learnt at the elite camp and use it in your try-out video.

Can I try out for more than one Aviator Elite team?

Yes of course, but you must ensure that you are fully able to commit to all teams involved, both time wise and financially. If you have any questions please contact us at info@aviatorallstars.com.

Can I pick which team I want to be on?

All athletes will complete the same try-out and will be evaluated on their skills and placed on which team the coaches feel is the best place for their development. If an athlete demonstrates the ability to be on more than one team then they will be offered the opportunity to be on multiple teams or choose which one best suits their requirements.

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I would like to do more than one team but can't afford it. Is there anything I can do?

When an athlete crosses over there are certain costs which only need to be paid once and therefore it will be cheaper than the full price. Precise costs will be discussed with the athletes wishing to cross over.

As there will be stunting at try-outs, do I need to come as part of a stunt group?

Athletes will be put together in stunt groups at try-outs as fairly as possible. Some athletes may have to be in multiple groups if there is an uneven amount of flyers, backs, or bases. Whilst we will do as much as possible to make sure groups are equal, we would encourage athletes to bring a stunt group to try-outs if possible so that they are comfortable with their group.

Are people who aren't trying out welcome to come along?

The only people allowed in the gym who aren't trying out will be athletes coming to stunt with athletes who are trying-out. Supporting athletes will still need to jump, dance, and stunt with everyone else. No boyfriends, girlfriends, parents or friends will be able to be inside the gym at try-outs, non-athletes will need to wait in the reception area for the try-outs to be over.

Is it ok to just do a video try-out as opposed to doing a live try-out?

Video try-outs should be used only as a last resort. At the live try-out the coaches will be able to work with you, help you with your skills, and will learn a lot more positive things about you and your attitude which will make them more confident to put you on a team. We always aim to make live try-outs as fun and a learning experience so there is every reason to attend.

Can I try-out despite not being able to afford to go to abroad?

Aces will be taking 24 athletes to worlds. If there are additional athletes who we feel are particularly strong then we will be taking them on the team and they will compete at domestic competitions in the UK.

For lightning and Phantoms, the whole team will compete internationally and there won't be spaces for people competing just in the UK.

Can new people make the Worlds team or will it just be the team that earned the bid?

No, new members are able to be substituted and alternated into the Worlds teams so there are places on the worlds team available for new members. In the event of a tie between athletes (e.g. have similar/identical skills) preference will be given to athletes who earned the bid.

Can I try-out for all the teams:

Yes, you will try-out for all the teams and will be placed on to a team that we feel will most benefit you.

Can I try-out despite having already tried out for another team:

Yes. We would encourage prospective athletes to be sure that AV is the right fit for you. Trying out for other teams will not be taken into consideration during our try-outs. However, athletes should only accept a place on the team once they are 100% sure they wish to commit for the season. Accepting a place on the team and then trying out for another team or accepting a place and then leaving will negatively affect any chances of future involvement with the program.

I previously cheered with the program but then retired/moved away/been cheering on another team/took time out. Will I be able to come back?

Yes, any previous athlete is welcome back unless they have been told differently. Any debts owed (if any) before they left must be paid before re-joining the program.

Do you have any advice for me about try-out?

A few simple things should make try-outs very successful for you and enjoyable for us:

- Please thoroughly read this try-out pack
- Ask us any questions you have
- Please attend the upcoming open gym and/or camp to make sure you're prepared
- Be on time
- Have a positive attitude throughout the process
- Make sure you listen to all the instruction given out by coaches during the try-outs.
- Do the best you can

If you have any questions about the try-outs and the season ahead please come speak to us at the gym, find us on [Facebook](#) or email us at info@aviatorallstars.com.